Break-up Boss ™

A brand new app-roach to break-ups.

Statistics indicate that 120% of people have been through a break-up at some stage. And it *sucked.*

So, they got angry and did regretful things involving pinot and texting.
Or they chased and begged a person who didn't care about or want them.
Or they stayed deeply miserable, and forgot to smile for six years.

Break-ups are a normal, inevitable part of life. And yet *we are so bad at them*.
We allow them to completely hijack our lives, even though they force us to watch bad movies, and cry a lot, and forgo sleep, and eat total shit.

No more!

The Break-Up Boss app is here, offering advice and techniques to help the broken-hearted process their hurt, and heal, and ultimately, see their break-up as the gift it is.

And of course, be the boss of their break-up.

Created by the author of *Textbook Romance*, and long-time relationship columnist at *Cosmopolitan*, **Zoë Foster Blake**, with illustrations by **Mari Andrew**, Break-Up Boss is a modern, meaningful, big-hearted tool for the broken-hearted. This is a Real Life, no-nonsense picture of a break-up, and an enthusiastic, empowered and positive view of how to deal with it.

Break-Up Boss is available at the App Store or via Google Play for $9.99, with 10% of each purchase going to the *Safe Steps Family Violence Response Centre.*

Because even though break-ups suck, you don't have to suck at break-ups.